

FlexCard

One Card, multiple benefits automatically loaded onto a reusable card!

You will receive funds on your reloadable card at the beginning of January, April, July and October, or upon enrollment. These funds can be used to help pay for eligible healthy food* and over-the-counter (OTC) items at participating stores (King Soopers, Safeway, Walmart, Walgreens and CVS). Funds expire at the end of the quarter or upon disenrollment.

Benefits

- OTC Allowance (All members qualify)
- Grocery Allowance (All Elevate Medicare Choice members qualify. Elevate Medicare Select members may qualify if you have a qualifying condition)
- \$30 Annual Wellness Visit Reward (All members qualify upon completing an annual checkup or routine care with your primary care provider. If you complete your visit, let us know at [DenverHealthMedicalPlan.org/Medicare-FlexCard](https://denverhealthmedicalplan.org/Medicare-FlexCard))
- \$25 Health Risk Assessment (All Elevate Medicare Choice members qualify upon completing an annual Health Risk Assessment)

Grocery Approved Products Guide

This is only a general guide of types of items in the approved product list. Please use the FlexCard app to check that items are eligible prior to purchase for the most accurate details.

Category	Examples
Drinks/Beverages	Water (includes sparkling and enhanced water), Juice, Coffee and Tea, Isotonic Sports Drink
Bread	Bread, Rolls and Tortillas
Grains/Flour	Rice, Quinoa
Processed Cereal Products	Cereal (Hot and Cold) Products, Cereal/Muesli Bars
Fruits And Vegetables	Prepared and Unprepared (fresh)
Meat And Seafood	Prepared and packaged (fresh), Meat Alternatives
Dairy/Dairy Substitutes	Milk, Cheese, Eggs, Butter, Yogurt
Prepared/Preserved Food	Dairy/Egg Based Products, Grain Based Products, Vegetable Based Products, Pasta/Noodles, Prepared Soups, Sandwiches/Filled Rolls/Wraps, Pickles/Relishes/Chutneys/Olives, Sauces/Spreads/Condiments, Vinegars/Cooking Wines

OTC Approved Products Guide

This is only a general guide of types of items in the approved product list. Please use the FlexCard app to check that items are eligible prior to purchase for the most accurate details.

Category	Examples
Antacids, Anti-Diarrheal And Laxatives	Fiber, Gas Relief, Hemorrhoid Supplies, Stool Softener, Motion Sickness, Nausea Relief
Cough, Cold And Allergy	Chest Rubs, Decongestants/ Cough Drops/ Nasal Spray, Humidifiers/ Vaporizers, Allergy Medication
First Aid	Bandages/ Wraps/ Kits, Antibiotics/ Antiseptics, Slings/ Supports, Hand Sanitizer, Protective Gloves/ Face Masks
Home Medical	Sharps Container, Pill Box, Personal Scale, Blood Pressure Cuff/ Heart Rate Monitor, Cane, Thermometer, Pedometer
Incontinence/Women's Health	Adult Incontinence, Underwear Pads/ Panty Liner, Rash Ointment
Pain Relievers	Acetaminophen (Tylenol), Ibuprofen (Advil), Aspirin, Pain Relief, Lidocaine Patches, Muscle Relief
Personal Care	Toothpaste/ Mouthwash, Toothbrush/ Floss, Denture Supplies, Eye Drops
Skin Care	Sunscreen/ After-Sun Care, Lip Balm, Wart/ Corn/ Callus Treatment, Eczema Relief
Smoking Cessation	Nicotine Patches/ Gum
Supports	Compression Socks, Back Brace, Ankle/ Wrist/ Knee Support
Vitamins, Minerals and Supplements	Glucose Tablets, Calcium/ Vitamin D/ Magnesium, Omega, Melatonin, Multi-Vitamins

For more information, visit [DenverHealthMedicalPlan.org/Medicare-FlexCard](https://denverhealthmedicalplan.org/Medicare-FlexCard) or call us at 303-602-2111 (TTY 711).

*The Healthy Food Benefit for Elevate Medicare Select (HMO) members is part of special supplemental program for the chronically ill. Not all members qualify. Other eligibility and coverage criteria apply. Eligible conditions include: Chronic alcohol and other drug dependence, Autoimmune disorders, Cancer, Chronic heart failure, Dementia, Diabetes, End-stage liver disease, End-stage renal disease (ESRD), Severe hematologic disorders, HIV/AIDS, Chronic lung disorders, Chronic and disabling mental health conditions, Neurologic disorders, Stroke.