

Medicare Advantage Risk Adjustment in 2024

Insights from DHMP Risk Adjustment 2024 Data Year-To-Date [YTD]

Our Mid-year analysis of the data available in our Encounter Data Processing system (EDPS) table reveals a concerning trend - the top diagnosis code is I10, representing Essential Hypertension, affects 2,120 distinct members out of at least 5000 total plan members enrolled.

Diagnosis Code	Members Diagnosed	Code Description
I10	2120	Essential Hypertension
Z23	1372	Encounter for Immunization
E119	1011	Type 2 Diabetes Without Complications
G8929	918	Other Chronic Pain
Z79899	852	Other Long term Drug Therapy

This data underscores the significant burden of hypertension within our care population. As healthcare plan focus on member outcome, the need to take immediate action to address this growing epidemic and its far-reaching implications is now.

Risk Adjustment Program and Implications of Increased Hypertension Diagnoses

- Elevated Cardiovascular Disease Risk:** Uncontrolled hypertension is a major risk factor for conditions such as coronary artery disease, stroke, heart failure, and kidney disease. The high prevalence of I10 diagnoses suggests an increased potential for these costly and debilitating comorbidities.
- Increased Healthcare Utilization and Costs:** Managing hypertension and its associated complications requires regular monitoring, medication, and potential interventions. This can lead to higher healthcare utilization, including more frequent doctor visits, hospitalizations, and the need for specialized treatments - ultimately driving up costs for both providers and patients.
- Opportunities for Proactive Care:** The high prevalence of I10 diagnoses presents a clear opportunity for clinicians to implement comprehensive hypertension management programs. This includes a continuous promotion of lifestyle modifications, ensuring timely diagnosis and effective treatment, and educating patients on the importance of blood pressure control and medication adherence.

Call to Action: Addressing the Hypertension Epidemic

To effectively address the growing burden of hypertension within our care population, we must take this one action to begin with:

Leverage Data and Analytics for Population Health Management:

- » All members diagnosed with essential hypertension in previous visits should be screened for coronary artery disease, stroke, heart failure, and kidney disease in their upcoming appointments.

Program Announcement

- » DHMP ACA commercial product is currently undergoing an annual initial validation audit. This program will require chart requests. Should you receive a request for medical records, please assist accordingly.

If you have any questions regarding risk adjustment
contact:
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