



**ELEVATE
MEDICARE ADVANTAGE**

Denver Health Medical Plan Inc.™

GROCERY APPROVED PRODUCT LIST*

This list is a guide to identify plan-approved healthy food and beverages.



DRINKS/BEVERAGES

- » Water (includes sparkling and enhanced water)
- » Juice
- » Coffee and Tea
- » Isotonic Sports Drink

BREAD

- » Bread, Rolls and Tortillas

GRAINS/FLOUR

- » Flour
- » Rice

BAKING/COOKING MIXES

- » Baking/Cooking Supplies (Baking Powder, Yeast, etc.)

PROCESSED CEREAL PRODUCTS

- » Cereal (Hot and Cold) Products
- » Cereal/Muesli Bars

FRUITS, VEGETABLES AND SEAFOOD

- » Prepared and Unprepared (fresh)

DAIRY/DAIRY SUBSTITUTES

- » Milk
- » Cheese
- » Eggs
- » Butter
- » Yogurt

NUTS AND SEEDS

- » Prepared and Unprepared (Fresh)
- » Trail Mix

PREPARED/PRESERVED FOOD

- » Dairy/Egg Based Products
- » Dough Based Products
- » Grain Based Products
- » Vegetable Based Products
- » Meat Substitutes
- » Pasta/Noodles
- » Prepared Soups
- » Sandwiches/Filled Rolls/Wraps
- » Spreads (Peanut Butter, Jelly, Honey)
- » Seasonings/Preservatives/Extracts
- » Herbs/Spices/Extracts
- » Pickles/Relishes/Chutneys/Olives
- » Sauces/Spreads/Condiments
- » Vinegars/Cooking Wines

Questions? Call 303-602-2111

*Part of a Special Supplemental Benefit. Not all members qualify.
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