**Flex Card: Healthy Food* and Over-The-Counter (OTC)**

One card, two benefits – automatically loaded onto a reusable card!

You will receive funds on a reloadable card at the beginning of January, April, July and October, or upon enrollment. These funds can be used to help pay for eligible healthy food and OTC items at participating stores (King Soopers, Safeway, Walmart, Walgreens and CVS). Funds expire at the end of the quarter or upon disenrollment.

**OTC Allowance (All Members Qualify)**
- Elevate Medicare Select (HMO): Up to $75 every quarter
- Elevate Medicare Choice (HMO D-SNP): Up to $260 every quarter

**Healthy Food Allowance* (See Qualification Rules Below):**
- Elevate Medicare Select (HMO): Up to $75 every quarter
- Elevate Medicare Choice (HMO D-SNP): Up to $260 every quarter

**Qualifying Rules for the Healthy Food Allowance**
If you have one or more of the following chronic illnesses and you have a paid claim from Denver Health Medical Plan (DHMP) with an eligible diagnosis code that is related to one of the below conditions, you are eligible for this benefit:

- Chronic alcohol and other drug dependency
- Autoimmune disorder
- Cancer
- Cardiovascular disorders
- Chronic heart failure
- Diabetes
- Dementia
- End-stage liver disease
- End-stage renal disease (ESRD)
- Severe hematologic disorder
- HIV/AIDS
- Chronic lung disorder
- Chronic and disabling mental health conditions
- Neurologic disorder or stroke

*The Healthy Food Allowance is part of the special supplemental program for the chronically ill. Not all members qualify. For more information or questions about qualifying conditions, or if you have one of the above chronic conditions and are new to DHMP, visit DenverHealthMedicalPlan.org/Medicare-Flex-Card or call us at 303-602-2111 (TTY 711).