<table>
<thead>
<tr>
<th>Visit Type</th>
<th>Visit Exam</th>
<th>Visit Labs/Studies</th>
<th>RN/Provider Responsibilities</th>
<th>Education Topics</th>
</tr>
</thead>
</table>
| **Intake/First Trimester (up to 12 6/7 weeks)** | • BP, Height, Weight  
• Calculate BMI  
• Record Pre-pregnant weight and start Weight gain grid  
• Provider exam | Prenatal Type & Screen  
CBC  
Rubella IgG  
HBsAG  
HIV  
Syphilis  
Urine Culture  
GC/Ct  
HgA1c  
3 hr GTT  
Quantiferon  
Pap/HPV (per protocol)  
Dating Ultrasound | • Discuss Acceptance/Refusal of Blood Products (if refusal, document on problem list)  
• Offer Genetic Screening  
• Edinburgh Depression screening  
• Calculate Pre-pregnancy BMI  
• Offer Information about WIC  
• Flu shot (In season)  
• Refugee Health Exam Completed  
• Refer Nurse Family Partnership  
• Refer Dental team | • Discuss importance Oral Health  
• Marijuana and your baby  
• How much weight should I gain?  
• The 1st Trimester Handout  
• Coping with common problems during pregnancy  
• Key information on bleeding during early pregnancy  
• Taking Over-the-counter (OTC) medicines while pregnant  
• Send Request of Information (ROI) if needed |
| **13-26 weeks**            | • Review vitals  
• Weight evaluation  
• Fetal Heart Tones  
• Fundal Height | Anatomy Ultrasound | • Review problem list, symptoms and interval history  
• Contraception counseling  
• Flu Shot (in Season) | • The 2nd Trimester Handout  
• What are danger signs in pregnancy  
• Pregnancy Round Ligament pain  
• Send ROI if needed |
<table>
<thead>
<tr>
<th>26-36 weeks</th>
<th></th>
<th>36-41 weeks</th>
</tr>
</thead>
</table>
| - Review vitals  
- Weight evaluation  
- Fetal Heart Tones  
- Fundal Height | CBC  
1 hr GTT  
3 hr GTT  
Reassess STI risk and screening  
Rhophylac Given or N/A |  
- Review problem list, symptoms and interval history  
- Flu Shot (in season)  
- Tdap vaccine  
- Edinburgh Depression screening  
- Delivery Plan (CLE, IV, NO2, Doula)  
- Delivery Provider (CNM, CNM stamp, OB, FM Stamp, Undecided) |
|  |  |  |
|  |  | - Breastfeeding  
- True or False Labor  
- Third Trimester Handout  
- Contraception counseling (confirm signed Med178 form if needed)  
- Verify copy of operative reports if prior history tubal surgery or cesarean delivery  
- Send ROI if needed |
|  |  |  |
| • Review vitals  
• Weight evaluation  
• Fetal Heart Tones  
• Fundal Height  
• Check fetal position (breech/cephalic) by Leopolds maneuver | GBS |  
• Review problem list, symptoms and interval history  
• Flu Shot (in season)  
• Choose a doctor for baby (Peds/FM) |
|  |  |  |
|  |  | • Breastfeeding  
• Postpartum Care  
• What to bring to hospital  
• Induction of labor/Planned cesarean delivery |