



Visit Type	Visit Exam	Visit Labs/Studies	RN/Provider Responsibilities	Education Topics
<b>Intake/First Trimester (up to 12 6/7 weeks)</b>	<ul style="list-style-type: none"> <li>• BP, Height, Weight</li> <li>• Calculate BMI</li> <li>• Record Pre-pregnant weight and start Weight gain grid</li> <li>• Provider exam</li> </ul>	Prenatal Type & Screen CBC Rubella IgG HBsAG HIV Syphilis Urine Culture Gc/Ct HgA1c 3 hr GTT Quantiferon Pap/HPV (per protocol) Dating Ultrasound	<ul style="list-style-type: none"> <li>• Discuss Acceptance/Refusal of Blood Products (if refusal, document on problem list)</li> <li>• Offer Genetic Screening</li> <li>• Edinburgh Depression screening</li> <li>• Calculate Pre-pregnancy BMI</li> <li>• Offer Information about WIC</li> <li>• Flu shot (In season)</li> <li>• Refugee Health Exam Completed</li> <li>• Refer Nurse Family Partnership</li> <li>• Refer Dental team</li> </ul>	<ul style="list-style-type: none"> <li>• Discuss importance Oral Health</li> <li>• Marijuana and your baby</li> <li>• How much weight should I gain?</li> <li>• The 1<sup>st</sup> Trimester Handout</li> <li>• Coping with common problems during pregnancy</li> <li>• Key information on bleeding during early pregnancy</li> <li>• Taking Over-the-counter (OTC) medicines while pregnant</li> <li>• Send Request of Information (ROI) if needed</li> </ul>
<b>13-26 weeks</b>	<ul style="list-style-type: none"> <li>• Review vitals</li> <li>• Weight evaluation</li> <li>• Fetal Heart Tones</li> <li>• Fundal Height</li> </ul>	Anatomy Ultrasound	<ul style="list-style-type: none"> <li>• Review problem list, symptoms and interval history</li> <li>• Contraception counseling</li> <li>• Flu Shot (in Season)</li> </ul>	<ul style="list-style-type: none"> <li>• The 2<sup>nd</sup> Trimester Handout</li> <li>• What are danger signs in pregnancy</li> <li>• Pregnancy Round Ligament pain</li> <li>• Send ROI if needed</li> </ul>



<p><b>26-36 weeks</b></p>	<ul style="list-style-type: none"> <li>• Review vitals</li> <li>• Weight evaluation</li> <li>• Fetal Heart Tones</li> <li>• Fundal Height</li> </ul>	<p>CBC            1 hr GTT            3 hr GTT            Reassess STI risk and screening            Rhophylac Given or N/A</p>	<ul style="list-style-type: none"> <li>• Review problem list, symptoms and interval history</li> <li>• Flu Shot (in season)</li> <li>• Tdap vaccine</li> <li>• Edinburgh Depression screening</li> <li>• Delivery Plan (CLE, IV, NO2, Doula)</li> <li>• Delivery Provider (CNM, CNM stamp, OB, FM Stamp, Undecided)</li> </ul>	<ul style="list-style-type: none"> <li>• Breastfeeding</li> <li>• True or False Labor</li> <li>• Third Trimester Handout</li> <li>• Contraception counseling (confirm signed Med178 form if needed)</li> <li>• Verify copy of operative reports if prior history tubal surgery or cesarean delivery</li> <li>• Send ROI if needed</li> </ul>
<p><b>36-41 weeks</b></p>	<ul style="list-style-type: none"> <li>• Review vitals</li> <li>• Weight evaluation</li> <li>• Fetal Heart Tones</li> <li>• Fundal Height</li> <li>• Check fetal position (breech/cephalic) by Leopolds maneuver</li> </ul>	<p>GBS</p>	<ul style="list-style-type: none"> <li>• Review problem list, symptoms and interval history</li> <li>• Flu Shot (in season)</li> <li>• Choose a doctor for baby (Peds/FM)</li> </ul>	<ul style="list-style-type: none"> <li>• Breastfeeding</li> <li>• Postpartum Care</li> <li>• What to bring to hospital</li> <li>• Induction of labor/Planned cesarean delivery</li> </ul>