

Recommendations for Preventive Pediatric Health Care Bright Futures/American Academy of Pediatrics

Each child and family is unique; therefore, these Recommendations for Preventive Pediatric Health Care are designed for the care of children who are receiving competent parenting, have no manifestations of any important health problems, and are growing and developing in a satisfactory fashion. Developmental, psychosocial, and chronic disease issues for children and adolescents may

require frequent counseling and treatment visits separate from preventive care visits. Additional visits also may become necessary if circumstances suggest variations from normal.

These recommendations represent a consensus by the American Academy of Pediatrics (AAP) and Bright Futures. The AAP continues to emphasize the great importance of continuity of care in comprehensive

AGE	INFANCY								EARLY CHILDHOOD						
	Prenatal	Newborn	3-5 d	By 1 mo	2 mo	4 mo	6 mo	9 mo	12 mo	15 mo	18 mo	24 mo	30 mo	3 y	4 y
HISTORY															
Initial/Interval	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•
MEASUREMENTS															
Length/Height and Weight		•	•	•	•	•	•	•	•	•	•	•	•	•	•
Head Circumference		•	•	•	•	•	•	•	•	•	•	•			
Weight for length		•	•	•	•	•	•	•	•	•	•				
Body Mass Index												•	•	•	•
Blood Pressure		★	★	★	★	★	★	★	★	★	★	★	★	•	•
SENSORY SCREENING															
Vision		★	★	★	★	★	★	★	★	★	★	★	★	•	•
Hearing		•	•	→	→	★	★	★	★	★	★	★	★	★	•
DEVELOPMENTAL/BEHAVIORAL HEALTH															
Developmental Screening								•					•		
Autism Spectrum Disorder Screening												•	•		
Developmental Surveillance		•	•	•	•	•	•		•	•		•		•	•
Psychosocial/Behavioral Assessment		•	•	•	•	•	•	•	•	•	•	•	•	•	•
Tobacco, Alcohol, or Drug Use Assessment															
Depression Screening															
Maternal Depression Screening				•	•	•	•								
PHYSICAL EXAMINATION		•	•	•	•	•	•	•	•	•	•	•	•	•	•
PROCEDURES															
Newborn Blood		•	•	→	→										
Newborn Bilirubin		•													
Critical Congenital Heart Defect		•													
Immunization		•	•	•	•	•	•	•	•	•	•	•	•	•	•
Anemia						★				★	★	★	★	★	★
Lead							★	★	• or ★			• or ★		★	★
Tuberculosis				★			★		★			★			★
Dyslipidemia												★			★
Sexually Transmitted Infections															
HIV															
Cervical Dysplasia															
ORAL HEALTH							•	•	★		★	★	★	★	★
Fluoride Varnish											•				
Fluoride Supplementation							★	★	★		★	★	★	★	★
ANTICIPATORY GUIDANCE	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•

KEY: • = to be performed ★ = risk assessment to be performed with appropriate action to follow, if positive ← • → = range during which a service may be provided

For more information and updates visit www.aap.org/periodicityschedule.



Recommendations for Preventive Pediatric Health Care Bright Futures/American Academy of Pediatrics (Cont'd)

health supervision and the need to avoid fragmentation of care Refer to the specific guidance by age as listed in the *Bright Futures Guidelines* (Hagan JF, Shaw JS, Duncan PM, eds. *Bright Futures: Guidelines for Health Supervision of infants, Children, and Adolescents*. 4th ed. Elk Grove Village, IL: American Academy of Pediatrics; 2017)

The recommendations in this statement do not indicate an exclusive course of treatment or standard of

medical care. Variations, taking into account individual circumstances, may be appropriate. Copyright© 2017 by the American Academy of Pediatrics, updated February 2017.

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AGE	MIDDLE CHILDHOOD						ADOLESCENCE											
	5 y	6 y	7 y	8 y	9 y	10 y	11 y	12 y	13 y	14 y	15 y	16 y	17 y	18 y	19 y	20 y	21 y	
HISTORY																		
Initial/Interval	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	
MEASUREMENTS																		
Length/Height and Weight	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	
Head Circumference																		
Weight for length																		
Body Mass Index	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	
Blood Pressure	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	
SENSORY SCREENING																		
Vision	•	•	★	•	★	•	★	•	★	★	•	★	★	★	★	★	★	
Hearing	•	•	★	•	★	•	←	•	→	←	•	→	←	•	→	←	•	→
DEVELOPMENTAL/BEHAVIORAL HEALTH																		
Developmental Screening																		
Autism Spectrum Disorder Screening																		
Developmental Surveillance	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	
Psychosocial/Behavioral Assessment	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	
Tobacco, Alcohol, or Drug Use Assessment							★	★	★	★	★	★	★	★	★	★	★	
Depression Screening								•	•	•	•	•	•	•	•	•	•	
Maternal Depression Screening																		
PHYSICAL EXAMINATION	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	
PROCEDURES																		
Newborn Blood																		
Newborn Bilirubin																		
Critical Congenital Heart Defect																		
Immunization	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	
Anemia	★	★	★	★	★	★	★	★	★	★	★	★	★	★	★	★	★	
Lead	★	★																
Tuberculosis	★	★	★	★	★	★	★	★	★	★	★	★	★	★	★	★	★	
Dyslipidemia		★		★	←	•	→	★	★	★	★	★	★	★	★	★	★	
Sexually Transmitted Infections	★	★	★	★	★	★	★	★	★	★	★	★	★	★	★	★	★	
HIV							★	★	★	★	←	•	→	★	★	★		
Cervical Dysplasia																	•	
ORAL HEALTH	★	★																
Fluoride Varnish	→																	
Fluoride Supplementation	★	★	★	★	★	★	★	★	★	★	★	★	★	★	★	★	★	
ANTICIPATORY GUIDANCE	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	

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