

*Mental Health, Behavioral Health, Substance Use Disorder*

Denver Health Medical Plan, Inc. (DHMP) members can use health plan benefits for mental health, behavioral health and substance use disorder services and treatment. To learn about your benefits, call Health Plan Services at 303-602-2090. **It's always confidential.**

**Outpatient Services:**

- » You can obtain mental health, behavioral health and substance use disorder services from any in-network provider; no referral is necessary.
- » Members can self-refer in-network.
- » Cofinity providers are in-network for outpatient services only.
- » Individual and group sessions are covered.
- » You can find a provider here: [denverhealthmedicalplan.org/find-doctor](http://denverhealthmedicalplan.org/find-doctor).

**Inpatient Services:**

- » Substance use disorder services provided by an in-network provider or contracted facility are covered with prior authorization.
- » You can find a provider here: [denverhealthmedicalplan.org/find-doctor](http://denverhealthmedicalplan.org/find-doctor).

**In-Network Cost Sharing for Individual or Group Visits:**

Your Medical Plan:	Cost Sharing:
<b>ALL ELEVATE EXCHANGE PLANS*</b>	Same as Primary Care Provider (PCP) cost share per visit (*deductible applies for some plans)

