ELEVATE MEDICARE ADVANTAGE
Denver Health Medical Plan Inc.

Elevate Medicare Select (HMO) offered by Denver Health Medical Plan, Inc.

Annual Notice of Changes for 2022

You are currently enrolled as a member of Denver Health Medicare Select (HMO). Next year, there will be some changes to the plan's costs and benefits. *This booklet tells about the changes.*

- **You have from October 15 until December 7 to make changes to your Medicare coverage for next year.**

What to do now

1. ASK: Which changes apply to you

☐ Check the changes to our benefits and costs to see if they affect you.

- It's important to review your coverage now to make sure it will meet your needs next year.
- Do the changes affect the services you use?
- Look in Sections 2.5 and 2.6 for information about benefit and cost changes for our plan.

☐ Check the changes in the booklet to our prescription drug coverage to see if they affect you.

- Will your drugs be covered?
- Are your drugs in a different tier, with different cost sharing?
- Do any of your drugs have new restrictions, such as needing approval from us before you fill your prescription?
- Can you keep using the same pharmacies? Are there changes to the cost of using this pharmacy?
- Review the 2022 Drug List and look in Section 2.6 for information about changes to our drug coverage.
- Your drug costs may have risen since last year. Talk to your doctor about lower cost alternatives that may be available for you; this may save you in annual out-of-pocket costs throughout the year. To get additional information on drug prices visit

go.medicare.gov/drugprices, and click the "dashboards" link in the middle of the second Note toward the bottom of the page. These dashboards highlight which manufacturers have been increasing their prices and also show other year-to-year drug price information. Keep in mind that your plan benefits will determine exactly how much your own drug costs may change.

☐ Check to see if your doctors and other providers will be in our network next year.

- Are your doctors, including specialists you see regularly, in our network?
- What about the hospitals or other providers you use?
- Look in Section 2.3 for information about our *Provider Directory*.

☐ Think about your overall health care costs.

- How much will you spend out-of-pocket for the services and prescription drugs you use regularly?
- How much will you spend on your premium and deductibles?
- How do your total plan costs compare to other Medicare coverage options?

☐ Think about whether you are happy with our plan.

2. COMPARE: Learn about other plan choices

☐ Check coverage and costs of plans in your area.

- Use the personalized search feature on the Medicare Plan Finder at www.medicare.gov/plan-compare website.
- Review the list in the back of your *Medicare & You 2022* handbook.
- Look in Section 3.2 to learn more about your choices.

☐ Once you narrow your choice to a preferred plan, confirm your costs and coverage on the plan's website.

3. CHOOSE: Decide whether you want to change your plan

- If you don't join another plan by December 7, 2021, you will be enrolled in Elevate Medicare Select (HMO).
- To change to a **different plan** that may better meet your needs, you can switch plans between October 15 and December 7.

4. ENROLL: To change plans, join a plan between **October 15** and **December 7, 2021**

- If you don't join another plan by **December 7, 2021**, you will be enrolled in Elevate Medicare Select (HMO).
- If you join another plan by December 7, 2021, your new coverage will start on January 1, 2022. You will be automatically disenrolled from your current plan.

Additional Resources

- This document is available for free in Spanish.
- Please contact our Health Plan Services number at 303-602-2111 or toll-free 1-877-956-2111 for additional information. (TTY users should call 711.) Hours are 8 a.m. to 8 p.m., seven days a week.
- This document may be available in other formats such as braille, large print or other alternate formats.
- **Coverage under this Plan qualifies as Qualifying Health Coverage (QHC)** and satisfies the Patient Protection and Affordable Care Act's (ACA) individual shared responsibility requirement. Please visit the Internal Revenue Service (IRS) website at www.irs.gov/Affordable-Care-Act/Individuals-and-Families for more information.

About Elevate Medicare Select (HMO)

- Denver Health Medical Plan, Inc. is a Medicare-approved HMO plan. Enrollment in a Denver Health Medical Plan depends on contract renewal.
- When this booklet says "we," "us," or "our," it means Denver Health Medical Plan, Inc. When it says "plan" or "our plan," it means Elevate Medicare Select (HMO).

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Summary of Important Costs for 2022

The table below compares the 2021 costs and 2022 costs for Elevate Medicare Select (HMO) in several important areas. **Please note this is only a summary of changes**. A copy of the *Evidence of Coverage* is located on our website at www.denverhealthmedicalplan.org. You may also call Health Plan Services to ask us to mail you an *Evidence of Coverage.*

Cost	2021 (this year)	2022 (next year)
* Referral required. † Your provider must obtain prior authorization from our plan.		
Monthly Plan Premium♦ ♦ Your premium may be higher or lower than this amount. See Section 2.1 for details.	$34.30	$39.80
Maximum Out-of-Pocket Amount This is the most you will pay out-of-pocket for your covered Part A and Part B services. (See Section 2.2 for details.)	$4,750	$4,400
Doctor Office Visits*	Primary care visits: $0 copay per visit *†Specialist visits: $25 copay per visit	Primary care visits: $0 copay per visit *Specialist visits: $20 copay per visit

Cost	2021 (this year)	2022 (next year)
* Referral required. † Your provider must obtain prior authorization from our plan.		
Inpatient Hospital Stays*† Includes inpatient acute, inpatient rehabilitation, long-term care hospitals and other types of inpatient hospital services. Inpatient hospital care starts the day you are formally admitted to the hospital with a doctor's order. The day before you are discharged is your last inpatient day.	Plan covers 90 days per benefit period. • Days 1-5: $300 copay for each benefit period. • Days 6-90: $0 copay per day. Days 91 and beyond: $578 copay per each "lifetime reserve day" after day 90 for each benefit period (up to 60 days over your lifetime).	Plan covers 90 days per benefit period. • Days 1-5: $300 copay for each benefit period. • Days 6-90: $0 copay per day. Days 91 and beyond: $742 copay per each "lifetime reserve day" after day 90 for each benefit period (up to 60 days over your lifetime). †Prior authorization is required for all acute rehabilitation services.
Part D Prescription Coverage (See Section 1.6 for details.) To find out which drugs are Select Insulins, review the most recent Drug List we provided electronically. You can identify Select Insulins by the "SI" abbreviation next to the insulin on the Drug List. If you have questions about the Drug List, you can also call Health Plan Services (Phone numbers for Health Plan Services are printed on the back cover of this booklet).	Deductible: $0 Copayment/Coinsurance as applicable during the Initial Coverage Stage: **Tier 1 (Preferred Generic Drugs)** $3 per prescription (1 month supply) $6 per prescription (2 month supply) $6 per prescription (3 month supply)	Deductible: $0 Copayment/Coinsurance as applicable during the Initial Coverage Stage: **Tier 1 (Preferred Generic Drugs)** $3 per prescription (1 month supply) $6 per prescription (2 month supply) $6 per prescription (3 month supply)

Cost	2021 (this year)	2022 (next year)
* Referral required. † Your provider must obtain prior authorization from our plan.		
Part D Prescription Drug Coverage (Continued)	**Tier 2 (Generic Drugs)** $9 per prescription (1 month supply) $18 per prescription (2 month supply) $18 per prescription (3 month supply)	**Tier 2 (Generic Drugs)** $9 per prescription including Select Insulins (1 month supply) $18 per prescription including Select Insulins (2 month supply) $18 per prescription including Select Insulins (3 month supply)
	Tier 3 (Preferred Brand Drugs) 25% of the total cost (1 month supply) 25% of the total cost (2 month supply) 25% of the total cost (3 month supply)	**Tier 3 (Preferred Brand Drugs)** 25% of the total cost $35 per prescription for Select Insulins (1 month supply) 25% of the total cost $70 per prescription for Select Insulins (2 month supply) 25% of the total cost $70 per prescription for Select Insulins (3 month supply)
	Tier 4 (Non-Preferred Brand Drugs) 50% of the total cost (1 month supply) 50% of the total cost (2 month supply) 50% of the total cost (3 month supply)	**Tier 4 (Non-Preferred Brand Drugs)** 50% of the total cost (1 month supply) 50% of the total cost (2 month supply) 50% of the total cost (3 month supply)
	Tier 5 (Specialty Drugs) 33% of the total cost (1 month supply) 33% of the total cost (2 month supply)	**Tier 5 (Specialty Drugs)** 33% of the total cost (1 month supply) Not covered for a 2 or 3 month supply

Cost	2021 (this year)	2022 (next year)
* Referral required. † Your provider must obtain prior authorization from our plan.		
Part D Prescription Drug Coverage (Continued)	Not covered for a 3 month supply **Tier 6 (Select Care Drugs)** $0 per prescription (1 month supply) $0 per prescription (2 month supply) $0 per prescription (3 month supply)	**Tier 6 (Select Care Drugs)** $0 per prescription (1 month supply) $0 per prescription (2 month supply) $0 per prescription (3 month supply)

Annual Notice of Changes for 2022
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SECTION 1 We Are Changing the Plan's Name

On January 1, 2022, our plan name will change from Denver Health Medicare Select (HMO) to Elevate Medicare Select (HMO).

As part of the plan's name change, you will receive a new ID card in the mail prior to January 1, 2022.

SECTION 2 Changes to Benefit and Cost for Next Year

Section 2.1 – Changes to the Monthly Premium

Cost	2021 (this year)	2022 (next year)
Monthly Premium (You must also continue to pay your Medicare Part B premium.)	$34.30	$39.80

- Your monthly plan premium will be *more* if you are required to pay a lifetime Part D late enrollment penalty for going without other drug coverage that is at least as good as Medicare drug coverage (also referred to as "creditable coverage") for 63 days or more.
- If you have a higher income, you may have to pay an additional amount each month directly to the government for your Medicare prescription drug coverage.
- Your monthly premium will be *less* if you are receiving "Extra Help" with your prescription drug costs. Please see Section 7 regarding "Extra Help" from Medicare.

Section 2.2 – Changes to Your Maximum Out-of-Pocket Amount

To protect you, Medicare requires all health plans to limit how much you pay "out-of-pocket" during the year. This limit is called the "maximum out-of-pocket amount." Once you reach this amount, you generally pay nothing for covered Part A and Part B services for the rest of the year.

Cost	2021 (this year)	2022 (next year)
Maximum Out-of-Pocket Amount Your costs for covered medical services (such as copays) count toward your maximum out-of-pocket amount. Your plan premium and your costs for prescription drugs do not count toward your maximum out-of-pocket amount.	$4,750	$4,400 Once you have paid $4,400 out-of-pocket for covered Part A and Part B services, you will pay nothing for your covered Part A and Part B services for the rest of the calendar year.

Section 2.3 – Changes to the Provider Network

There are changes to our network of providers for next year. An updated *Provider Directory* is located on our website at www.denverhealthmedicalplan.org. You may also call Health Plan Services for updated provider information or to ask us to mail you a *Provider Directory*. **Please review the 2022 *Provider Directory* to see if your providers (primary care provider, specialists, hospitals, etc.) are in our network**.

It is important that you know that we may make changes to the hospitals, doctors and specialists (providers) that are part of your plan during the year. There are a number of reasons why your provider might leave your plan, but if your doctor or specialist does leave your plan, you have certain rights and protections summarized below:

- Even though our network of providers may change during the year, we must furnish you with uninterrupted access to qualified doctors and specialists.
- We will make a good faith effort to provide you with at least 30 days' notice that your provider is leaving our plan so that you have time to select a new provider.
- We will assist you in selecting a new qualified provider to continue managing your health care needs.
- If you are undergoing medical treatment you have the right to request, and we will work with you to ensure, that the medically necessary treatment you are receiving is not interrupted.
- If you believe we have not furnished you with a qualified provider to replace your previous provider or that your care is not being appropriately managed, you have the right to file an appeal of our decision.
- If you find out your doctor or specialist is leaving your plan, please contact us so we can assist you in finding a new provider to manage your care.

Section 2.4 – Changes to the Pharmacy Network

Amounts you pay for your prescription drugs may depend on which pharmacy you use. Medicare drug plans have a network of pharmacies. In most cases, your prescriptions are covered *only* if they are filled at one of our network pharmacies.

There are changes to our network of pharmacies for next year. An updated *Pharmacy Directory* is located on our website at www.denverhealthmedicalplan.org. You may also call Health Plan Services for updated provider information or to ask us to mail you a *Pharmacy Directory*. **Please review the 2022 *Pharmacy Directory* to see which pharmacies are in our network**.

Section 2.5 – Changes to Benefits and Costs for Medical Services

We are changing our coverage for certain medical services next year. The information below describes these changes. For details about the coverage and costs for these services, see Chapter 4, *Medical Benefits Chart (what is covered and what you pay)*, in your *2022 Evidence of Coverage*.

Opioid Treatment Program Services

Members of our plan with opioid use disorder (OUD) can receive coverage of services to treat OUD through an Opioid Treatment Program (OTP) which includes the following services:

- U.S. Food and Drug Administration (FDA)-approved opioid agonist and antagonist medication-assisted treatment (MAT) medications.
- Dispensing and administration of MAT medications (if applicable)
- Substance use counseling
- Individual and group therapy
- Toxicology testing
- Intake activities
- Periodic assessments

Cost	2021 (this year)	2022 (next year)
* Referral required. † Your provider must obtain prior authorization from our plan.		
Ambulance Services†	Prior authorization is not required for non-emergency Medicare-covered services.	†Prior authorization is only required for non-emergency Medicare-covered services and air ambulance.

Cost	2021 (this year)	2022 (next year)
* Referral required. † Your provider must obtain prior authorization from our plan.		
Ambulatory Surgical Center*	You pay 20% of the total cost. †Prior authorization is required.	You pay 0% of the total cost for colonoscopy/ endoscopy You pay 20% of the total cost for other services. Prior authorization is not required.
Cardiac Rehabilitation Services*	†Prior authorization is required.	Prior authorization is not required.
Diabetes Training	†Prior authorization is required.	Prior authorization is not required.
Diabetic Supplies and Services*†	Diabetic supplies and services are limited to certain manufacturers. †Prior authorization may be required for some manufacturers.	No limits to manufacturers for diabetic supplies or services. †Prior authorization is not required for Trividia Health diabetic testing supplies and Freestyle Libre continuous glucose monitoring system. All other vendors require prior authorization.
Diabetic Therapeutic Shoes or Inserts	You pay 20% of the total cost for diabetic shoes / inserts.	You pay a $0 copay for diabetic shoes / inserts.

Cost	2021 (this year)	2022 (next year)
* Referral required. † Your provider must obtain prior authorization from our plan.		
Durable Medical Equipment (DME) †	†Prior authorization is required.	†Prior authorization required for items over $500. †Prior authorization required on all DME rentals.
Hearing Service		
• Hearing Exam/Medicare-covered	You pay a $25 copay for one Medicare-covered hearing exam.	You pay a $20 copay for the Medicare-covered hearing exam.
• Routine Hearing Exam	You pay a $25 copay for one routine hearing exam every three years.	You pay a $20 copay for one routine hearing exam every three years.
• Fitting / Evaluation Exam	You pay a $25 copay for one fitting/evaluation for hearing aids every three years.	You pay a $20 copay for one fitting/evaluation for hearing aids every three years.

Cost	2021 (this year)	2022 (next year)
* Referral required. † Your provider must obtain prior authorization from our plan.		
Inpatient Hospital Stays*†	• Days 1-5: $300 copay for each benefit period. • Days 6-90: $0 copay per day. Days 91 and beyond: $578 copay per each "lifetime reserve day" after day 90 for each benefit period (up to 60 days over your lifetime).	• Days 1-5: $300 copay for each benefit period. • Days 6-90: $0 copay per day. Days 91 and beyond: $742 copay per each "lifetime reserve day" after day 90 for each benefit period (up to 60 days over your lifetime). †Prior authorization is required for acute rehabilitation services.
Inpatient Mental Health Coverage*†	• Days 1-5: $300 copay for each benefit period. • Days 6-90: $0 copay per day. Days 91 and beyond: $578 copay per each "lifetime reserve day" after day 90 for each benefit period (up to 60 days over your lifetime).	• Days 1-5: $300 copay for each benefit period. • Days 6-90: $0 copay per day. Days 91 and beyond: $742 copay per each "lifetime reserve day" after day 90 for each benefit period (up to 60 days over your lifetime).
Kidney Dialysis*	†Prior authorization is required.	Prior authorization is not required.
Kidney Disease Education*	†Prior authorization is required.	Prior authorization is not required.
Medicare Part B Drugs†	†Prior authorization is required.	†Prior authorization is only required for non-preferred Part B drugs.

Cost	2021 (this year)	2022 (next year)
* Referral required. † Your provider must obtain prior authorization from our plan.		
Other Health Care Professional Services*	You pay a $25 copay per visit. †Prior authorization is required.	You pay a $20 copay per visit. Prior authorization is not required.
Outpatient Diagnostic Services, Lab and Imaging*	†Prior authorization is required.	Prior authorization is not required.
Outpatient Hospital Observation	†Prior authorization is required.	Prior authorization is not required.
Outpatient Hospital Services*	You pay 20% of the total cost. †Prior authorization is required.	You pay 0% of the total cost for colonoscopy/ endoscopy. You pay 20% of the total cost for other services. Prior authorization is not required.
Outpatient Rehabilitation Services*† • **Cardiac (heart)** • **Pulmonary (lung)** • **Physical†** • **Speech†** • **Occupational†**	You pay a $25 copay per visit for occupational therapy. †Prior authorization is required for outpatient rehabilitation services.	You pay a $20 copay per visit for occupational therapy. Prior authorization is not required for outpatient rehabilitation services. †Prior authorization is required starting with the 31st visit for physical, speech and occupational therapy.

Cost	2021 (this year)	2022 (next year)
* Referral required. † Your provider must obtain prior authorization from our plan.		
Over-the-Counter (OTC) Mail Order	OTC items are not covered.	Covered up to $150 every three months. Your allowance is available every quarter, starting January, April, July and October. The unused quarterly allowance will not carry over. To order your product(s), mail or fax in the order form found on our web page. No returns, refunds or reimbursements accepted. You can view the catalogue and form at www.denverhealthmedicalplan.org/elevate-medicare-OTC.
Podiatry Services	You pay a $25 copay per visit. †Prior authorization is required.	You pay a $20 copay per podiatry visit. You pay 20% of the total cost for each diabetic footcare visit. Prior authorization is not required.
Prosthetics†	†Prior authorization is required.	†Prior authorization required for items over $500.

Cost	2021 (this year)	2022 (next year)
* Referral required. † Your provider must obtain prior authorization from our plan.		
Skilled Nursing Facility*	Days 1-20: $0 for each benefit period. Days 21-100: $185.50 copay per day of each benefit period. Days 101 and beyond: all costs †Prior authorization is required.	Days 1-20: $0 for each benefit period. Days 21-100: $194.50 copay per day of each benefit period. Days 101 and beyond: all costs. Prior authorization is not required.
Special Supplemental Benefits for the Chronically Ill†	Special supplemental benefits for the chronically ill are not covered.	One blood pressure cuff covered up to $140 every three years for qualified member. †Prior authorization is required.
Specialist Services*	†Prior authorization is required.	Prior authorization is not required.
Transportation Services	You pay a $0 copay for 35 round trip non-emergent medical transportation to plan approved health-related locations through Access2Care.	You pay a $0 copay for unlimited round trip non-emergent medical transportation to plan approved health- related locations through Access2Care.
Urgently Needed Services	You pay a $25 copay per visit.	You pay a $20 copay per visit.

Cost	2021 (this year)	2022 (next year)
* Referral required. † Your provider must obtain prior authorization from our plan.		
Vision Service		
• Eye Exam/Medicare-covered	You pay a $25 copay for one Medicare-covered eye exam per year.	You pay a $20 copay for one Medicare-covered eye exam per year.
• Routine Eye Exam	You pay a $25 copay for one routine eye exam per year.	You pay a $20 copay for one routine eye exam per year.
• Eye wear	Covered up to $200 for contact lenses and/or one pair of eyeglasses each year.	Covered up to $250 for contact lenses and/or one pair of eyeglasses each year.

Section 2.6 – Changes to Part D Prescription Drug Coverage

Changes to Our Drug List

Our list of covered drugs is called a Formulary or "Drug List." A copy of our Drug List is provided electronically.

We made changes to our Drug List, including changes to the drugs we cover and changes to the restrictions that apply to our coverage for certain drugs. **Review the Drug List to make sure your drugs will be covered next year and to see if there will be any restrictions.**

If you are affected by a change in drug coverage, you can:

- **Work with your doctor (or other prescriber) and ask the plan to make an exception** to cover the drug.
    - To learn what you must do to ask for an exception, see Chapter 9 of your *Evidence of Coverage* (*What to do if you have a problem or complaint (coverage decisions, appeals, complaints))* or call Health Plan Services.
- **Work with your doctor (or other prescriber) to find a different drug** that we cover. You can call Health Plan Services to ask for a list of covered drugs that treat the same medical condition.

In some situations, we are required to cover a temporary supply of a non-formulary drug in the first 90 days of the plan year or the first 90 days of membership to avoid a gap in therapy. (To learn more about when you can get a temporary supply and how to ask for one, see Chapter 5, Section 5.2 of the *Evidence of Coverage*.) During the time when you are getting a temporary supply of a drug, you should talk with your doctor to decide what to do when your temporary supply runs out. You can either switch to a different drug covered by the plan or ask the plan to make an exception for you and cover your current drug.

Formulary exceptions that have been granted will be covered until the end date of the authorization. The exception may extend into the next year.

Most of the changes in the Drug List are new for the beginning of each year. However, during the year, we might make other changes that are allowed by Medicare rules.

When we make these changes to the Drug List during the year, you can still work with your doctor (or other prescriber) and ask us to make an exception to cover the drug. We will also continue to update our online Drug List as scheduled and provide other required information to reflect drug changes. (To learn more about changes we may make to the Drug List, see Chapter 5, Section 6 of the Evidence of Coverage.)

Changes to Prescription Drug Costs

Note: If you are in a program that helps pay for your drugs ("Extra Help"), **the information about costs for Part D prescription drugs may not apply to you.** We sent you a separate insert, called the "Evidence of Coverage Rider for People Who Get Extra Help Paying for Prescription Drugs" (also called the "Low Income Subsidy Rider" or the "LIS Rider"), which tells you about your drug costs. Because you receive "Extra Help" and if you haven't received this insert by September 30, 2021, please call Health Plan Services and ask for the "LIS Rider."

There are four "drug payment stages." How much you pay for a Part D drug depends on which drug payment stage you are in. (You can look in Chapter 6, Section 2 of your *Evidence of Coverage* for more information about the stages.)

The information below shows the changes for next year to the first two stages – the Yearly Deductible Stage and the Initial Coverage Stage. (Most members do not reach the other two stages – the Coverage Gap Stage or the Catastrophic Coverage Stage. To get information about your costs in these stages, look at Chapter 6, Sections 6 and 7, in the *Evidence of Coverage*, which is located on our website at www.denverhealthmedicalplan.org. You may also call Health Plan Services to ask us to mail you an *Evidence of Coverage*.)

Changes to the Deductible Stage

Stage	2021 (this year)	2022 (next year)
Stage 1: Yearly Deductible Stage	$0	$0

Changes to Your Cost Sharing in the Initial Coverage Stage

To learn how copayments and coinsurance work, look at Chapter 6, Section 1.2, *Types of out-of-pocket costs you may pay for covered drugs* in your *Evidence of Coverage*.

Stage	2021 (this year)	2022 (next year)
Stage 2: Initial Coverage Stage During this stage, the plan pays its share of the cost of your drugs and **you pay your share of the cost.** The costs in this row are for a one-month (30-day) supply when you fill your prescription at a network pharmacy that provides standard cost sharing. For information about the costs for a long-term supply; or for mail-order prescriptions, look in Chapter 6, Section 5 of your *Evidence of Coverage.* We changed the tier for some of the drugs on our Drug List. To see if your drugs will be in a different tier, look them up on the Drug List.	Your cost for a one-month supply filled at a network pharmacy with standard cost sharing: Preferred Generic Drugs: $3 per prescription Generic Drugs: $9 per prescription Preferred Brand Drugs: 25% of the total cost. Non-Preferred Brand Drugs: 50% of the total cost Specialty Drugs: 33% of the total cost Select Care Drugs: $0 per prescription Once your total drug costs have reached $4,130, you will move to the next stage (the Coverage Gap Stage).	Your cost for a one-month supply filled at a network pharmacy with standard cost sharing: Preferred Generic Drugs: $3 per prescription Generic Drugs: $9 per prescription, including Select Insulins Preferred Brand Drugs: 25% of the total cost; $35 per prescription for Select Insulins Non-Preferred Brand Drugs: 50% of the total cost Specialty Drugs: 33% of the total cost Select Care Drugs: $0 per prescription Once your total drug costs have reached $4,430, you will move to the next stage (the Coverage Gap Stage).

Changes to the Coverage Gap and Catastrophic Coverage Stages

The other two drug coverage stages – the Coverage Gap Stage and the Catastrophic Coverage Stage – are for people with high drug costs. Elevate Medicare Select (HMO) offers additional gap coverage for Select Insulins. During the Coverage Gap stage, your out-of-pocket costs for Select Insulins will be $9 or $18 or $35 or $70. **Most members do not reach the Coverage Gap Stage or the Catastrophic Coverage Stage**. For information about your costs in these stages, look at Chapter 6, Sections 6 and 7, in your *Evidence of Coverage*.

SECTION 3 Deciding Which Plan to Choose

Section 3.1 – If you want to stay in Elevate Medicare Select (HMO)

To stay in our plan you don't need to do anything. If you do not sign up for a different plan or change to Original Medicare by December 7, you will automatically be enrolled in our Elevate Medicare Select (HMO).

Section 3.2 – If you want to change plans

We hope to keep you as a member next year but if you want to change for 2022 follow these steps:

Step 1: Learn about and compare your choices

- You can join a different Medicare health plan timely,
- -- *OR* -- You can change to Original Medicare. If you change to Original Medicare, you will need to decide whether to join a Medicare drug plan. If you do not enroll in a Medicare drug plan, please see Section 2.1 regarding a potential Part D late enrollment penalty.

To learn more about Original Medicare and the different types of Medicare plans, read the *Medicare & You 2022* handbook, call your State Health Insurance Assistance Program (see Section 5), or call Medicare (see Section 7.2).

You can also find information about plans in your area by using the Medicare Plan Finder on the Medicare website. Go to www.medicare.gov/plan-compare. **Here, you can find information about costs, coverage, and quality ratings for Medicare plans.**

As a reminder, Denver Health Medical Plan, Inc. offers other Medicare health plans which include Medicare prescription drugs. These other plans may differ in coverage, monthly premiums, and cost-sharing amounts.

Step 2: Change your coverage

- To **change to a different Medicare health plan**, enroll in the new plan. You will automatically be disenrolled from Elevate Medicare Select (HMO).
- To **change to Original Medicare with a prescription drug plan,** enroll in the new drug plan. You will automatically be disenrolled from Elevate Medicare Select (HMO).
- To **change to Original Medicare without a prescription drug plan**, you must either:
    - Send us a written request to disenroll. Contact Health Plan Services if you need more information on how to do this (phone numbers are in Section 7.1 of this booklet).

- – *or* – Contact **Medicare**, at 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week, and ask to be disenrolled. TTY users should call 1-877-486-2048.

SECTION 4 Deadline for Changing Plans

If you want to change to a different plan or to Original Medicare for next year, you can do it from **October 15 until December 7.** The change will take effect on January 1, 2022.

Are there other times of the year to make a change?

In certain situations, changes are also allowed at other times of the year. For example, people with Medicaid, those who get "Extra Help" paying for their drugs, those who have or are leaving employer coverage, and those who move out of the service area may be allowed to make a change at other times of the year. For more information, see Chapter 10, Section 2.3 of the *Evidence of Coverage.*

If you enrolled in a Medicare Advantage plan for January 1, 2022, and don't like your plan choice, you can switch to another Medicare health plan (either with or without Medicare prescription drug coverage) or switch to Original Medicare (either with or without Medicare prescription drug coverage) between January 1 and March 31, 2022. For more information, see Chapter 10, Section 2.2 of the *Evidence of Coverage*.

SECTION 5 Programs That Offer Free Counseling about Medicare

The State Health Insurance Assistance Program (SHIP) is a government program with trained counselors in every state. In Colorado, the SHIP is called Colorado State Health Insurance Assistance Program (Colorado SHIP).

Colorado State Health Insurance Assistance Program (Colorado SHIP) is independent (not connected with any insurance company or health plan). It is a state program that gets money from the Federal government to give **free** local health insurance counseling to people with Medicare. Colorado State Health Insurance Assistance Program (Colorado SHIP) counselors can help you with your Medicare questions or problems. They can help you understand your Medicare plan choices and answer questions about switching plans. You can call Colorado State Health Insurance Assistance Program (Colorado SHIP) at 1-888-696-7213. You can learn more about Colorado State Health Insurance Assistance Program (Colorado SHIP) by visiting their website (www.dora.colorado.gov/).

SECTION 6 Programs That Help Pay for Prescription Drugs

You may qualify for help paying for prescription drugs. Below we list different kinds of help:

- **"Extra Help" from Medicare.** People with limited incomes may qualify for "Extra Help" to pay for their prescription drug costs. If you qualify, Medicare could pay up to 75% or more of your drug costs including monthly prescription drug premiums, annual

deductibles, and coinsurance. Additionally, those who qualify will not have a coverage gap or late enrollment penalty. Many people are eligible and don't even know it. To see if you qualify, call:

- 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048, 24 hours a day/7 days a week;
- The Social Security Office at 1-800-772-1213 between 7 am and 7 pm, Monday through Friday. TTY users should call, 1-800-325-0778 (applications); or
- Your State Medicaid Office (applications).

- **Help from your state's pharmaceutical assistance program.** Colorado has a program called Colorado State Drug Assistance Program (SDAP) that helps people pay for prescription drugs based on their financial need, age, or medical condition. To learn more about the program, check with your State Health Insurance Assistance Program (the name and phone numbers for this organization are in Section 5 of this booklet).
- **Prescription Cost-sharing Assistance for Persons with HIV/AIDS.** The AIDS Drug Assistance Program (ADAP) helps ensure that ADAP-eligible individuals living with HIV/AIDS have access to life-saving HIV medications. Individuals must meet certain criteria, including proof of State residence and HIV status, low income as defined by the State, and uninsured/under-insured status. Medicare Part D prescription drugs that are also covered by ADAP qualify for prescription cost-sharing assistance through the Colorado AIDS Drug Assistance Program (ADAP). For information on eligibility criteria, covered drugs, or how to enroll in the program, please call 303-692-2716, (TTY users should call 711), Monday - Friday, 9 a.m. to 5 p.m.

SECTION 7 Questions?

Section 7.1 – Getting Help from Elevate Medicare Select (HMO)

Questions? We're here to help. Please call Health Plan Services at 303-602-2111 or toll-free 1-877-956-2111. (TTY only, call 711). We are available for phone calls 8 a.m. to 8 p.m., seven days a week. Calls to these numbers are free.

Read your 2022 *Evidence of Coverage* (it has details about next year's benefits and costs)

This *Annual Notice of Changes* gives you a summary of changes in your benefits and costs for 2022. For details, look in the 2022 *Evidence of Coverage* for Elevate Medicare Select (HMO). The *Evidence of Coverage* is the legal, detailed description of your plan benefits. It explains your rights and the rules you need to follow to get covered services and prescription drugs. A copy of the *Evidence of Coverage* is located on our website at www.denverhealthmedicalplan.com. You may also call Health Plan Services to ask us to mail you an *Evidence of Coverage.*

Visit our Website

You can also visit our website at www.denverhealthmedicalplan.com. As a reminder, our website has the most up-to-date information about our provider network (*Provider Directory*) and our list of covered drugs (Formulary/Drug List).

Section 7.2 – Getting Help from Medicare

To get information directly from Medicare:

Call 1-800-MEDICARE (1-800-633-4227)

You can call 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

Visit the Medicare Website

You can visit the Medicare website (www.medicare.gov). It has information about cost, coverage, and quality ratings to help you compare Medicare health plans. You can find information about plans available in your area by using the Medicare Plan Finder on the Medicare website. (To view the information about plans, go to www.medicare.gov/plan-compare).

Read *Medicare & You 2022*

You can read the *Medicare & You 2022* handbook. Every year in the fall, this booklet is mailed to people with Medicare. It has a summary of Medicare benefits, rights and protections, and answers to the most frequently asked questions about Medicare. If you don't have a copy of this booklet, you can get it at the Medicare website (www.medicare.gov) or by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.