DHMP Behavioral Health Tip Sheet

Behavioral Health (BH)

Behavioral Health is defined as the treatment of mental and substance use disorders and the support of those who experience and/or are in recovery from these conditions, along with their families and communities. Below are the DHMP benefits by line of business (LOB) for BH services and the entity that is responsible for review and management of BH services.

Commercial, Medicare and Children Health Plan *Plus* (CHP+) Lines of Business

Managed by DHMP

DHMP requires prior authorization for some behavioral health services. Outpatient behavioral health therapy (individual or group) does not require prior authorization when provided in network. Please refer to the Member handbook for benefits and exclusions.

- Member handbooks can be found under the Current Members tab on the DHMP website. DHMP link to services requiring prior authorization below.
 - <u>https://www.denverhealthmedicalplan.org/services-requiring-prior-authorization</u>
- DHMP prior authorization request form can be found on the DHMP link below.
 - <u>UM Prior Authorization Request Form | Denver Health Medical Plan</u>

Medicaid

DHMP Responsible for Six Initial Visits

DHMP is responsible for the six initial visits of group or individual therapy sessions, in primary care settings, for each the following codes:

- 90791 Diagnostic Evaluation without Medical Services
- 90832 Psychotherapy-30 minutes
- 90834 Psychotherapy-45 minutes
- 90837 Psychotherapy-60 minutes
- 90846 Family Psychotherapy (w/o patient)
- 90847 Family Psychotherapy (with patient)

Colorado Access (COA) Manages Behavioral Health after Six (6) Visits

- After the sixth behavioral health visit, per code, the benefits are covered by the COA administered capitated behavioral health benefit for Medicaid members. Benefits are held exclusively by the RAE for review and subsequent approval or denial. DHMP has no authority over capitated BH benefits as well as any Wrap BH Benefits administered by Health First Colorado (fee-for-service); therefore, DHMP-UM cannot issue an approval or denial.
 - The following link will take you to the COA site to request prior authorization of services. <u>https://www.coaccess.com/providers/resources/um/</u>
 - Below is a table of Capitated Behavioral Health Benefits Covered Services and Diagnoses

EXHIBIT I-2, CAPITATED BEHAVIORAL HEALTH BENEFIT COVERED SERVICES & DIAGNOSES

Reimbursed under the behavioral health capitation, when the service is for an appropriate diagnosis that supports medical necessity and is billed by a Behavioral Health Specialty Provider, non-physician practitioner group or an FQHC or RHC using revenue code 0900.

Behavioral health codes							
90791	Diagnostic Eval w/o Medical Services	H0023	BH outreach/Drop in				
90792	Diagnostic Eval with Medical Service	H0025	BH prevention education				
90839	Psychotherapy for crisis-60 minutes	H0031	MH assessment by non-phys				
90840	Psychotherapy for crisis-addt'130 min	H0032	MH service plan devel by non-phys				
98966	Hc pro phone call 5-10 min	H2000 Comprehensive multidiscipline edu					
98967	Hc pro phone call 11-20 min	H2011 Crisis intervention per 15 min					
98968	Hc pro phone call 21-30 min		Alcohol and/or other drug treatment program				
H0001	H0001 Alcohol and/or drug assessment		S9453 Smoking cess class, non-phys, per ses				
H0002	Alcohol and/or drug screening	S9454 Stress manage, non-phys, per ses					
H0004	Alcohol and/or drug services						
H0005	Alcohol and/or drugservices						
H0010	Alcohol and/or drug services						
H0011	Alcohol and/or drug services						
Reimbu	Reimbursed under the behavioral health capitation when the service is provided for a covered behavioral						
	diagnosis, regardless of the billing provider.						
Evaluation & Management Consultation Codes							
99241	Outpatient Consultation, 15 min	99251	InpatientConsultation				
99242	Outpatient Consultation, 30m	99252	InpatientConsultation				
99243	Outpatient Consultation, 40m	99253	InpatientConsultation				
99244	Outpatient Consultation, 60m	99254	InpatientConsultation				
99245	Outpatient Consultation,80m	99255	InpatientConsultation				
	Evaluation & Management Emergency Department Codes						
99281	Requires problem focused history,	99284	Requires detailed history, detailed				
	problem focused examination straight forward		examination moderate complexitymedical				
	medical decision making		decision making				
99282	Requires expanded problem focused	99285	Requires comprehensive history,				
	history, expanded problem focused examination		comprehensive examination high				
	low complexity medical decision making		complexity medical decision making.				
99283	Requires expanded problem focused						
	history, expanded problem focused examination						
	moderate complexity medical decision making						

Reimbursed through the behavioral health capitation for a covered behavioral health diagnosis when the service is billed by a Behavioral Health Specialty Provider.						
Evaluation & Management Codes						
99202 Office or OP – New, 20m		99307	Subseq nursing facility, 10m			
99203	Office or OP – New, 30m	99308	Subseq nursing facility, 15m			
99204	Office or OP – New, 45m	99309	Subseq nursing facility, 25m			
99205	Office or OP – New, 60m	99310	Subseq nursing facility, 35m			
99211	Office or OP – other	99315	Nursing facility discharge, 30m			
99212	Office or OP – Est, 10m	99316	Nursing facility discharge, 30+m			
99213	Office or OP – Est, 15m	99318	Annual nursing facility assmt			
99214	Office of OP – Est, 25m	99324	Dom, Rest, Custodial - New, 20m			
99215	Office or OP – Est, 40m	99325	Dom, Rest, Custodial – New, 30m			
99217	Observ Care discharge day mgmt.	99326	Dom, Rest, Custodial – New, 45m			
99218	Initial Observ Care, 30m	99327	Dom, Rest, Custodial – New, 60m			
99219	Initial Observ Care, 50m	99328	Dom, Rest, Custodial – New, 75m			
99220	Initial Observ Care, 70m	99334	Dom, Rest, Custodial – Est, 15m			
99221	Initial hospital care	99335	Dom, Rest, Custodial – Est, 25m			
99222	Initial hospital care	99336	Dom, Rest, Custodial – Est, 40m			
99223	Initial hospital care	99337	Dom, Rest, Custodial – Est, 60m			
99224	Subseq Hospital Care, 15m	99341	Home care – New, 20m			
99225	Subseq Hospital Care, 25m	99342	Home care – New, 30m			
99226	Subseq Hospital Care, 35m	99343	Home care – New, 45m			
99231	Subsequent hospital care	99344	Home care – New, 60m			
99232	Subsequent hospital care	99345	Home care – New, 75m			
99233	Subsequent hospital care	99347	Home care – Est, 15m			
99234	Same day admit/DC, 40m	99348	Home care – Est, 25m			
99235	Same day admit/DC, 50m	99349	Home care – Est, 40m			
99236	Same day admit/DC, 55m	99350	Home care – Est, 60m			
99238	Hospital discharge day		Team conf w/patient by hc pro			
99239	Hospital discharge-manage		Team conf w/o patient byphys.			
99304	Initial nursing facility, 25m	99368	Team conf w/patient by hc pro			
99305	Initial nursing facility, 35m	99441	Telephone by phys 5-10 min			
99306	Initial nursing facility,45m	99442	Telephone by phys 11-20min			
		99443	Telephone by phys 21-30min			
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Evaluation & Management Add-On Codes- Reimbursed under the behavioral health capitation when billed with an					
Evaluation & Management code covered under the behavioral health capitation.					
90836 Psychotherapy, 45 min with pt and /or	90838 Psychotherapy, 60 min with pt and /or				
family mbr when performed with anE&M	family mbr when performed with an E&M				
90833 Psychotherapy, 30 min with pt and /or					
family mbr when performed with anE&M					

The following revenue codes (in addition to those represented in Appendix Q) may be covered under the capitated behavioral health benefit:		
0906	BEHAVIORAL HEALTH TREATMENTS/SERVICES (ALSO SEE 091X - AN EXTENSION OF 090X) INTENSIVE OUTPATIENT SERVICES - CHEMICAL DEPENDENCY BH/INTENS OP/CHEM DEP**	
0907	BEHAVIORAL HEALTH TREATMENTS/SERVICES (ALSO SEE 091X - AN EXTENSION OF 090X) COMMUNITY BEHAVIORAL HEALTH PROGRAM (DAY TREATMENT) BH/COMMUNITY	
0912	BEHAVIORAL HEALTH TREATMENTS/SERVICES - EXTENSION OF 090X PARTIAL HOSPITALIZATION - LESS INTENSIVE BH/PARTIAL HOSP	
0913	BEHAVIORAL HEALTH TREATMENTS/SERVICES - EXTENSION OF 090X PARTIAL HOSPITALIZATION - INTENSIVE BH/PARTIAL INTENS	
0916	BEHAVIORAL HEALTH TREATMENTS/SERVICES - EXTENSION OF 090X FAMILY THERAPY BH/FAMILY RX	
0917	BEHAVIORAL HEALTH TREATMENTS/SERVICES - EXTENSION OF 090X BIO FEEDBACK BH/BIOFEED	
0918	BEHAVIORAL HEALTH TREATMENTS/SERVICES - EXTENSION OF 090X TESTING BH/TESTING	
0919	BEHAVIORAL HEALTH TREATMENTS/SERVICES - EXTENSION OF 090X OTHER BEHAVIORAL HEALTH TREATMENTS/SERVICES BH/OTHER	
0960	PROFESSIONAL FEES (ALSO SEE 097X AND 098X) GENERAL CLASSIFICATION PRO FEE	
0961	PROFESSIONAL FEES (ALSO SEE 097X AND 098X) PSYCHIATRIC PRO FEE/PSYCH	
1000	BEHAVIORAL HEALTH ACCOMMODATIONS GENERAL CLASSIFICATION	
1001	BEHAVIORAL HEALTH ACCOMMODATIONS RESIDENTIAL - PSYCHIATRIC	
1003	BEHAVIORAL HEALTH ACCOMMODATIONS SUPERVISED LIVING*	
1005	BEHAVIORAL HEALTH ACCOMMODATIONS GROUP HOME***	

* For mental health diagnoses only ** For Substance Use Disorder (SUD) diagnoses only *** For members under the age of 21