

## PERSONAL SUPPORT THROUGHOUT THE JOURNEY

Here's a look at the benefits and services that are covered for transgender and gender diverse members and an overview of how our care delivery teams support you through your care journey.

## IT STARTS WITH PRIMARY CARE

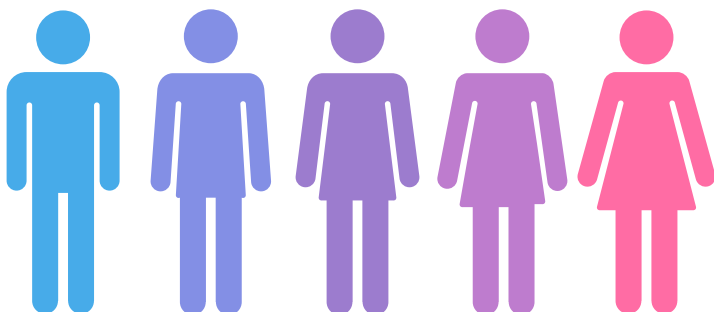
If you are considering hormone therapy or gender affirming surgery, the first thing you should do is visit your primary care provider — someone who not only understands your medical history but also knows you as a person. Denver Health's LGBTQ+ Health Services offers open and affirming health care to LGBTQ+ communities. We have trained medical providers at our 10 community health centers and on Denver Health's main campus who can provide the medical assistance you need, including patient navigation, assistance in updating gender identification on your credentials, behavioral health and general primary care. When you're ready to pick a primary care provider or specialist, make sure you connect with a Denver Health patient navigator at LGBTQ+ Health Services. Our patient navigators are dedicated to ensuring that our lesbian, gay, bisexual, transgender and non-binary patients are supported through their health care journeys. All LGBTQ+ patients will be connected with welcoming and affirming medical providers for all of their health care needs. Please contact one of our dedicated LGBTQ+ patient navigators at 303-602-5699.

## CONNECTING WITH A CARE TEAM

Your primary care provider may introduce you to specialists and other caregivers familiar with the unique challenges of transitioning. Care teams collaborate to provide medical, psychological, and emotional support throughout the process.

## WHAT IS COVERED\*

Based on medical necessity for the treatment of gender dysphoria, coverage for DHMP plan members includes mental health therapy, hormone therapy, mastectomy with chest reconstruction, breast augmentation, gender affirming lower-body surgeries (male-to-female and female-to-male), tracheal shave, and facial hair removal. You can find a detailed list of covered services on the next page.



## COVERED CARE AND SERVICES\*

- » Medical and Mental Health office visits
- » Pharmacy services
- » Inpatient hospital care
- » Breast augmentation
- » Gender affirming lower-body surgeries
- » Outpatient care
- » Lab and imaging services
- » Mastectomy
- » Treatment for medical complications
- » Hormone therapy visits and administration
- » Pre- and post-operative exams

## COVERAGE FOR SPECIFIC SURGICAL SERVICES\*

### Gender Affirming Lower-Body Surgeries

- » Clitoroplasty
- » Erectile prosthesis
- » Gonadal surgery
- » Hysterectomy
- » Labiaplasty
- » Metoidioplasty
- » Orchiectomy
- » Phalloplasty
- » Scrotoplasty
- » Urethral extension
- » Vaginectomy
- » Vaginoplasty

### Other Covered Services

- » Facial hair removal\*
- » Tracheal shave

## LEARN MORE

To learn more about your health plan benefits, contact DHMP Health Plan Services at 303-602-2100 (TTY 711), or visit [denverhealthmedicalplan.org](http://denverhealthmedicalplan.org). For medical financial counseling assistance for gender affirming care, call 303-602-5699 from 8 a.m. to 5 p.m., Monday through Friday.

*\*Coverage may vary depending upon plan type. Members should refer to their Evidence of Coverage for details. Covered services are based on medical necessity and may be subject to change. All services for the treatment of gender dysphoria are subject to the benefit rules, limitations, and exclusions stated in the Evidence of Coverage. Applicable copay/coinsurance and/or deductible apply. Federal Employee Health Plans do not cover facial hair removal or breast augmentation.*