Denver Health Medical Plan, Inc. (DHMP) members can use your plan benefits for mental health, behavioral health and substance use disorder services and treatment. To learn about your benefits, call Health Plan Services at 303-602-2100. It’s always confidential.

**Outpatient Services:**
- You can obtain mental and behavioral health, and substance use disorder services from any in-network provider; no referral is necessary.
- Members can self-refer in-network.
- Cofinity providers are in-network only for outpatient services.
- Individual and group sessions are covered.
- You can find a provider here: denverhealthmedicalplan.org/find-doctor.

**Inpatient Services:**
- Substance use disorder services provided by an in-network provider or contracted facility are covered with prior authorization.
- You can find a provider here: denverhealthmedicalplan.org/find-doctor.

**In-Network Cost Sharing for Individual or Group Visits:**

<table>
<thead>
<tr>
<th>Your Medical Plan:</th>
<th>Denver Health/HighPoint Provider</th>
<th>Cofinity Provider</th>
</tr>
</thead>
<tbody>
<tr>
<td>DHHA HMO</td>
<td>$15 copay/visit</td>
<td>$15 copay/visit</td>
</tr>
<tr>
<td>DHHA HighPoint HMO</td>
<td>$25 copay/visit</td>
<td>$25 copay/visit</td>
</tr>
<tr>
<td>DHHA POS</td>
<td>$30 copay/visit</td>
<td>$30 copay/visit</td>
</tr>
</tbody>
</table>

**Smoking Cessation:**
- Smoking and tobacco cessation is a covered benefit through the Colorado Quitline.
- The Quitline has tools and resources including counseling and nicotine replacement, such as patches or gum.
- You can contact the Colorado Quitline at 1-800-QUIT-NOW.
- Formulary smoking cessation drugs including Chantix, the generic form of Zyban, nicotine patches, gum and lozenges are all available and are **100% covered**.