





## A happier, healthier life starts here.

**Denver Health Medical Plan** is committed to helping you reach your wellness goals—to lose weight, eat healthier, move more, develop a more positive mindset, or all the above—by offering discounted pricing on the WW offerings listed below. Join WW, and you'll get access to lots of exciting features, including exclusive mindset content through Headspace<sup>®</sup>, and incredible products and experiences through our rewards program, **WellnessWins™. WW welcomes everyone who seeks to be healthier, not just manage their weight.** 

## There has never been a better time to join WW!

Choose the plan that's right for you. Plans include the following features:	Digital	Digital + Workshops (formerly meetings)
Easy-to-use app and website Track your food, activity, and weight any time with our digital tools.	*	*
Endless food options With our database of 5,000+ delicious recipes, you'll eat what you love and lose weight.	*	*
<b>Total support in real time</b> Get help and answers from a WW Coach 24 hours a day, seven days a week in 24/7 Expert Chat.	*	*
Connect with our online community, day or night, for inspiration and motivation.	*	*
<b>Inspiration and connection</b> Share your journey with a group of fellow members through weekly in-person Wellness Workshops (where available).		*
Monthly value	\$19.95	\$44.95
DHMP contribution per month	Over 50% of the cost	
Your price per month	\$8.48	\$19.11

Plans automatically renew monthly. See below for details.

All DHMP commercial members ages 18+ are eligible for the WW discounted rates and subsidy.

To purchase any of these WW offerings or for more information, visit <u>weightwatchers.com/us/dhmp.</u>
Remember to have your Denver Health Medical Plan Member ID ready. If you don't know this number, you can find it on your Member ID card.

For questions or assistance registering, please call the WW Wellness Hotline at 866-204-2885.