



Controlling Blood Pressure (CBP) Make it count for STARS!

Our goal is to reach a 4.0 Stars rating for our Medicare patients. Patients are considered controlled when the BP is less than 140/90 and documented in a way that counts. We want to accommodate patients with whatever type of visit fits their needs (telemedicine or in-person).

TELEMED VISITS:

Telemedicine visits have been a challenge, but they do count if we document the details below.

- Blood Pressure (BP) readings Count if we document the following:
 - » **Date** of the BP reading
 - » **Member reported** vs. in office
 - » **Type of device “Digital”**
 - Member reported BP readings must be from a digital device and specified in the notes
 - » **Document in Encounter**
- Documenting the Encounter in EPIC using the SmartText: HOME BP

You will need to fill in:

- » **Patient reported BP values from a digital device:** (free form)
- » **Date(s) of BP measured:** (free form)
- » **Location:** {LOCATIONS; BLOOD PRESSURE MONITORING: 23488}
 - Options include home, PCP, school, or *** fill in
- » **Example - Patient reported BP Values:**

Date:	10/31/2020			
BP:	112/84			

ALL VISITS – IN-OFFICE/TELEMED:

- If a member is **not in control**, please recheck BP!
 - » In control: <140/90
 - » **Out of control: 140/90 or greater**
 - **Recheck BP**
 - Document new BP in the Encounter
 - » **Follow-up** telephone BP check-in visit must be scheduled **within a month** from the uncontrolled BP reading.

**** If a member needs help controlling their blood pressure, Denver Health Medical Plan, Inc. (DHMP) has a program. See the next page for more details. ****



DHMP Controlling Blood Pressure Care Management (CM) Program

This program is offered to DHMP Medicare Advantage members that are identified as having uncontrolled blood pressure. DHMP care managers focus on referring members to their PCP/ Clinician for management while supporting the member. The CM team will:

- Ensure that a plan of care is in place for members as well as identifying barriers including clinical, nonclinical, and social determinants of health
- Focus on organizing, supporting and arranging resolutions to barriers
- Follow the member until the measure compliance is achieved
 - » Once achieved, less frequent outreach will be done to ensure member remains compliant
- Work closely with the member's PCP to offer support and assist in scheduling provider/clinician appointments
- Work with the member on medication management and arrange for medication synchronization, scheduled "blister packs" of medication, pillbox organizers and/or other tools if they could be helpful to resolve CBP Compliance barriers

HOW TO GET THE MEMBER ENROLLED INTO THE PROGRAM?

- Email queue for referrals for the CM Department (except D-SNP): **DHMPCC@dhha.org**
- DHMP Website (Provider Referrals link):
denverhealthmedicalplan.org/medical-management-referral-form
- Referral for DHMP Medicare Choice (HMO D-SNP) members: **DSNPCare@dhha.org**
- Call Care Management at **303-602-2184**

*If you have more questions about the program, please reach out to:
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720-939-5332 or dawn.robinson@dhha.org*